



ARIZONA GRAND

ATHLETIC CLUB & SPA

Spa Experiences



Facials

SONORAN SEASONAL FACIAL

A 50-minute customized facial featuring seasonally selected products from a locally based Arizona skincare company, inspired by the beauty and resilience of the Sonoran Desert. This treatment is designed to refresh, rebalance, and visibly support healthy, youthful skin year-round, while incorporating a meditative sensory experience that promotes deep relaxation and skin rejuvenation.

50 MINUTES

SONORAN ANTI-AGING FACIAL

An enhanced version of our signature Sonoran Seasonal Facial, offering all the same restorative and sensory benefits with the addition of muscle contouring and red light/near-infrared therapy. This advanced treatment helps lift, firm, and smooth the skin while promoting deep relaxation and youthful radiance inspired by the resilience of the Sonoran Desert.

80 MINUTES

SOOTHING RENEWAL FACIAL

A calming, restorative facial designed for acneic, sensitive, or sun-exposed skin. This gentle treatment focuses on soothing inflammation, reducing redness, and supporting the skin's natural healing process while restoring balance and hydration. Ideal for compromised or reactive skin, it leaves the complexion comforted, refreshed, and visibly renewed without irritation.

50 MINUTES

Body Services

GRAND DESERT SCRUB

Indulge in a full body experience featuring seasonally selected farmhouse fresh products. your service begins with a gentle exfoliating scrub, softly removed with warm steaming towels. The treatment concludes with a slow, soothing full-body application of a deeply hydrating body oil or lotion, using flowing techniques designed to promote relaxation and leave the skin silky, smooth and revitalized.

50 MINUTES

HONEY & NECTAR BODY TREATMENT

Experience pure indulgence with this luxurious head-to-toe body treatment. Begin with a rejuvenating seasonal scrub, followed by a warm, hydrating Honey glaze and wholesome Nectar Milk wrap. Then enjoy a soothing neck and scalp massage paired with an eye-revitalizing collagen mask. Finish with a full body application of a deeply hydrating body oil or lotion, using flowing techniques designed to promote relaxation.

90 MINUTES

Massages

GRAND CUSTOM MASSAGE

Our signature full body massage is designed to transform you by soothing sore muscles, increasing circulation and promoting total relaxation. Choose light to medium pressure.

50 MINUTES

80 MINUTES

HIMALAYAN SALT HOT STONE MASSAGE

Recharge your mind and body with the relaxing touch of warm Himalayan salt stones. This full body massage combines the therapeutic touch of heat and Himalayan salt with the healing hands of an expert therapist.

80 MINUTES

MOM TO BE MASSAGE

Specially designed for expecting mothers in their second and third trimester, our prenatal massage features modified positions and enhanced massage techniques for a therapeutic experience.

50 MINUTES

COUPLES MASSAGE

Our signature full body massage is designed to transform you and your partner by soothing sore muscles, increasing circulation and promoting total relaxation. Choose light to medium pressure.

50 MINUTES

80 MINUTES

Each guest receives a complimentary glass of champagne.

THERAGUN DEEP TISSUE MASSAGE

Rapid, targeted vibrations provide the deepest reach and relief of all our therapies in this massage combining high-tech and human touch. A percussive therapy device quietly delivers soothing pulsations to muscles, stimulating blood flow, warming the body and loosening tension to prepare for hands-on work.

50 MINUTES

80 MINUTES

OUT OF BODY CBD MASSAGE

Reduce stress, anxiety and inflammation with a full body massage enhanced with CBD (cannabidiol) oil. This non-psychoactive component of the cannabis plant is helpful for chronic pain conditions and can assist with improving circulation.

50 MINUTES

80 MINUTES

Packages

THE PHOENIX GETAWAY

25 minute Body Polish
50 minute Custom Massage
50 minute Sonoran Seasonal Facial

3 HOURS

INCLUDES A LIGHT LUNCH

THE SEDONA RETREAT

50 minute CBD Massage
50 minute Sonoran Seasonal Facial
80 minute Grand Spa Manicure & Pedicure

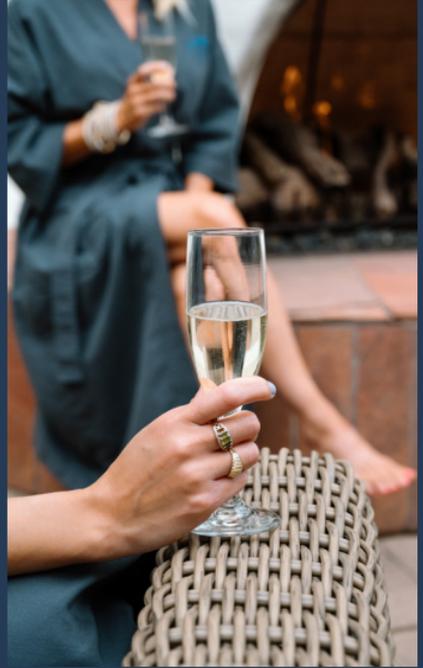
4 HOURS

INCLUDES A LIGHT LUNCH

THE DESERT OPULENCE

50 minute Grand Custom Massage
50 minute Grand Desert Scrub
50 minute Sonoran Seasonal Facial
60 minute Grand Pedicure

4.5 HOURS



Enhancements

ANTI-AGING LIP TREATMENT

ANTI-AGING EYE TREATMENT

LED FACIAL LIGHT THERAPY

HIMALAYAN SALT STONE WARM UP

DEEP TISSUE ENHANCEMENT

CBD ENHANCEMENT

HYDRATING HAND TREATMENT

HYDRATING & SOFTENING FOOT TREATMENT

GRAND BODY POLISH

25 minutes added to service

REVITALIZING PEPPERMINT FOOT & SCALP
TREATMENT

25 minutes added to service

Unless noted, additional time will not be added to your service.

Nail Services

GRAND SPA MANICURE

Begin with a relaxing soak of the nails, followed by a hydrating and softening hand mask and massage, using deeply hydrating body oil or lotion. Includes shaping, cuticle care, and Dazzle Dry polish. Featuring natural products by Farmhouse Fresh.

50 MINUTES

CLASSIC SPA PEDICURE

Includes warm foot soak, shaping, callus removal, cuticle care, and Dazzle Dry polish.

50 MINUTES

GRAND SPA PEDICURE

Relax with a warm foot soak, followed by a seasonal foot and lower leg scrub. Then enjoy a hydrating and softening foot mask, ending with a hot towel treatment and massage with deeply hydrating body oil or lotion. Includes shaping, callus removal, cuticle care, Dazzle Dry polish and glass of champagne. Featuring natural products by Farmhouse Fresh.

80 MINUTES

GRAND SPA MANICURE & PEDICURE

Enjoy a Grand Spa Manicure and Pedicure, featuring natural products by Farmhouse Fresh and Dazzle Dry polish.

150 MINUTES

Nail Enhancements

FRENCH TIP

PARAFFIN HAND

PARAFFIN FOOT

POLISH CHANGE

SHELLAC REMOVAL

Dazzle Dry

Dazzle Dry Nail Polish is a unique alternative to gel polishes. It is a vegan, cruelty-free, hypoallergenic, non-toxic, quick drying, fortifying, long wear polish system that delivers a 7-14-day chip free nail service.

All nail services are designed for natural nails. Please advise at time of booking if you have acrylics, dip, or gel polish to ensure the proper service time.

Hair Services

Featuring Redken and Pureology products.

MENS CUT*

LADIES CUT & STYLE

LADIES SHAMPOO & STYLE

UPDO

TONER

BALAYAGE*

PERMANENT COLOR*

PARTIAL HIGHLIGHTS*

FULL HIGHLIGHTS*

*Service includes shampoo and style.

Spa Safety & Information

KNOW BEFORE YOU GO

Please arrive at least 20 minutes prior to your scheduled service time.

Notify us of all medical and physical conditions, i.e. high blood pressure, pregnancy, allergies or skin conditions.

Shower prior to any body treatment or use of pools.

Refrain from shaving before body treatments.

Gentlemen, please shave 2 hours before facials.

Wear comfortable, loose clothing for massages.

Drink plenty of water before and after treatments.

RESERVATIONS

We recommend advance reservations for all spa services.

A 12-hour cancellation or reschedule notice is required in order to avoid being charged for any treatment, service or package.

19% service charge will be added to all services.

All spa treatments and prices are subject to change.

AGE REQUIREMENTS

Guests 14 and older may have facials with parent consent.

Guests 14-16 may have massages with parent present.

BOOK ONLINE TODAY

CONTACT US

(602) 431-6485

8000 S. ARIZONA GRAND PARKWAY | PHOENIX, ARIZONA 85044

PHONE (602) 438-9000 | ARIZONAGRANDRESORT.COM