



# *Spa Experience*

ARIZONA GRAND RESORT & SPA

# MASSAGES

## GRAND CUSTOM MASSAGE

Our signature full body massage is designed to transform you by soothing sore muscles, increasing circulation and promoting total relaxation. Choose light to medium pressure.

50 MINUTES | 165  
80 MINUTES | 235

## HIMILAYAN SALT HOT STONE MASSAGE

Recharge your mind and body with the relaxing touch of warm Himilayan salt stones. This full body massage combines the therapeutic touch of heat and Himilayan salt with the healing hands of an expert therapist.

75 MINUTES | 240

## MOM TO BE MASSAGE

Specially designed for expecting mothers in their second and third trimester, our prenatal massage features modified positions and enhanced massage techniques for a therapeutic experience.

50 MINUTES | 165

## OUT OF BODY CBD MASSAGE

Reduce stress, anxiety and inflammation with a full body massage enhanced with CBD (cannabidiol) oil. This non-psychoactive component of the cannabis plant is helpful for chronic pain conditions and can assist with improving circulation.

50 MINUTES | 175  
80 MINUTES | 240

## THERAGUN DEEP TISSUE MASSAGE

Rapid, targeted vibrations provide the deepest reach and relief of all our therapies in this massage combining high-tech and human touch. A percussive therapy device quietly delivers soothing pulsations to muscles, stimulating blood flow, warming the body and loosening tension to prepare for hands-on work.

50 MINUTES | 175  
80 MINUTES | 240

## COUPLES MASSAGE

Our signature full body massage is designed to transform you and your partner by soothing sore muscles, increasing circulation and promoting total relaxation. Choose light to medium pressure.

50 MINUTES | 165  
80 MINUTES | 235

PRICE SHOWN IS PER PERSON AND EACH GUEST RECEIVES A COMPLIMENTARY GLASS OF CHAMPAGNE

# BODY SERVICES

## GRAND BODY SCRUB

Using natural products by Farmhouse Fresh, your body will be exfoliated using Honey Lavender fresh sea salt scrub, then removed with steaming hot towels while you relax, followed by a full body lotion application using Buttermilk Lavender steeped milk lotion to leave looking and feeling fresh.

50 MINUTES | 165

## HONEY & NECTAR NOURISHING BODY TREATMENT

This decadent head to toe body treatment includes an exfoliating honey lavender sea salt body scrub and a warm honey hydrating glaze, nestled in with a wholesome nectar milk wrap. Revel in a neck and scalp massage under an eye collagen mask, finished with a rich buttermilk, coconut milk and lavender flowers lotion.

90 MINUTES | 298

# FACIALS

## GRAND CUSTOM FACIAL

A fully customized facial using locally owned Skinscript skincare products, tailored to meet the needs of your skin. This experience focuses on your skin type and conditions for maximum results.

50 MINUTES | 165  
80 MINUTES | 235

## NUFACE LIFT FACIAL

Utilizing NuFACE technology, this treatment is clinically shown to help improve facial contour, skin tone and wrinkle reduction.

70 MINUTES | 199

## COLLAGEN FACIAL

Radically hydrate, firm and brighten your skin using the power of collagen and anti-inflammatory botanicals.

50 MINUTES | 170

# PACKAGES

## THE PHOENIX GETAWAY

25 minute Body Polish, 50 minute Custom Massage, and 50 minute Custom Facial

2.5 HOURS | 348

INCLUDES A LIGHT LUNCH

## THE SEDONA RETREAT

50 minute CBD Massage, 50 minute Custom Facial and 80 minute Grand Spa Manicure & Pedicure.

3.5 HOURS | 410

INCLUDES A LIGHT LUNCH

# NAILS

## GRAND SPA MANICURE

Using natural products by Farmhouse Fresh, begin with a relaxing soak of the nails followed by a hydrating and softening hand mask a massage using Lavender Buttermilk Steeped Lotion. Includes shaping, cuticle care, and polishing the nails using Dazzle Dry polish.

45 MINUTES | 60

SHELLAC POLISH | 85

## GRAND SPA PEDICURE

Using natural products by Farmhouse Fresh, enjoy a warm foot soak using a fizzer bath bomb, followed by a foot and lower leg scrub using Honey Lavender sea salt. Enjoy a hydrating and softening foot mask ending with a massage using Lavender Buttermilk Steeped Lotion. Includes shaping, callus removal, cuticle care, and polishing the nails using Dazzle Dry polish.

60 MINUTES | 75

SHELLAC POLISH | 105

## GRAND SPA MANICURE & PEDICURE

Enjoy a Grand Spa Manicure and Pedicure, featuring natural products by Farmhouse Fresh and Dazzle Dry polish.

80 MINUTES | 130

SHELLAC POLISH | 165

# HAIR

## HAIR SERVICES

Available for all your hair needs, we offer a variety of services including blow outs, hair cut, color and updos. Featuring Redken and Pureology products.

MENS CUT | 45

LADIES CUT & STYLE | 60+

LADIES SHAMPOO & STYLE | 45+

BALAYAGE | 145+

PERMANENT COLOR | 85+

FOIL WEAVE | 110+

## SHELLAC REMOVAL ONLY

Gel polish removal only; no charge if getting gel reapplied

30 MINUTES | 25

## POLISH CHANGE

Remove and reapply Dazzle Dry nail polish

30 MINUTES | 20

# DAZZLE DRY

Dazzle Dry Nail Polish is a unique alternative to gel polishes. It is vegan, cruelty-free, hypoallergenic, non-toxic, quick drying, fortifying, long wear polish system that delivers a 7-14-day chip free nail service. Arizona Grand Spa is proud to partner with this locally based company to offer a healthier option for those that prefer not to use gel polish but still seek the long-lasting results.

PLEASE NOTE THAT ALL NAIL SERVICES ARE DESIGNED FOR NATURAL NAILS. PLEASE ADVISE AT TIME OF BOOKING IF YOU HAVE ACRYLICS, DIP, OR GEL POLISH TO ENSURE THE PROPER SERVICE TIME.

# ENHANCEMENTS

AQUA COLLAGEN LIP TREATMENT | 15

AQUA COLLAGEN EYE TREATMENT | 15

HAND REVITALIZING TREATMENT | 20

FOOT REVITALIZING TREATMENT | 20

CBD MASSAGE ENHANCEMENT | 10

THERAGUN MASSAGE ENHANCEMENT | 10

DEEP TISSUE ENHANCEMENT | 15

GRAND BODY POLISH | 70

(25 MINUTES ADDED TO SERVICE)

UNLESS NOTED, ADDITIONAL TIME

WILL NOT BE ADDED TO YOUR SERVICE



# SPA SAFETY

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## KNOW BEFORE YOU GO

Please arrive at least 20 minutes prior to your scheduled service time.

Notify us of all medical/physical conditions, i.e. high blood pressure, pregnancy, allergies or skin conditions.

Shower prior to any body treatment or use of pools.

Refrain from shaving before body treatments.

Gentlemen, please shave 2 hours before facials.

Wear comfortable, loose clothing for massages.

Drink plenty of water before and after treatments.

## RESERVATIONS

We recommend advance reservations for all spa services.

A 12-hour cancellation or reschedule notice is required in order to avoid being charged for any treatment, service or package.

19% service charge will be added to all services.

All spa treatments and prices are subject to change.

## HOURS OF OPERATION

Contact us directly for our days and hours of operation.

## AGE REQUIREMENTS

Guests 14 and older may have facials with parent consent.

Guests 14-16 may have massages with parent present.

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## APPOINTMENTS & QUESTIONS

**(602) 431-6485**



**ARIZONA GRAND**  
RESORT & SPA®

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