

CUSTOMIZED FITNESS EXPERIENCES

No Other Resort Can Offer!



ARIZONA GRAND
RESORT & SPA®



WHAT IS THE ACTIVLAB EXPERIENCE?

DISCOVER your unique abilities & motivations,
CO-CREATE with others, ACTIVATE your life & the lives of others.

Team building events use fitness as a tool to drive awareness
of your ability to create change in the world around you.

An experience so profound you will see why we say: *"When it ends, it just begins!"*

PLAY WITH A PURPOSE

- **BUILDER'S BLOCK:** Teams compete in a challenge to gather scattered items to build a project that is useful. How creative can you be when the clock is ticking & directions are nowhere to be found, or are they?
- **FITNESS TRACK MEETS AMAZING RACE:** Discover true leadership, teamwork and collaboration through a series of challenges.
- **GROCERY CHALLENGE:** Teams compete by relaying canned goods from start to finish where they end by creating a sculpture. Prizes awarded for the most creative, best design, most parts then all food goes to homeless shelter.
- **SELL IT:** Each team has 1 item on their table. A timed challenge that involves brainstorming, presenting & convincing why everyone must have this item. Creativity, public speaking, delegating & presenting, who is fit for the call?
- **TAKE "IT" TO THE MOUNTAIN:** Step into the world's largest playground and discover what motivates your team and what matters.
- **THE POWER OF THE RECIPE:** Teams compete against time for best tasting recipe with the ingredients you retrieve in a scavenger hunt. Will your recipe have the winning ingredients to win or will you be creating something entirely different than your teammates?
- **TWILIGHT FRISBEE GOLF:** Break the ice with glow-in-the-dark entertainment that gets everyone moving.

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