



activlab

#getactivated

A FITNESS EXPERIENCE

No Other Resort Can Offer!

Located Inside Arizona Grand Athletic Club



GROUP EXERCISE CLASSES
MONDAY • WEDNESDAY • FRIDAY
6:15AM • 12:15PM • 6:30PM

SPECIAL INTRODUCTORY OFFER
\$10 PER CLASS THRU 12.31.15

ONE-ON-ONE TRAINING
PLEASE ASK FRONT DESK FOR AVAILABILITY



MESSAGE FROM DAVID JACK: On behalf of our team, I welcome you!
Our mission is to show you the goodness of fitness and demonstrate how fun
exercise can be. Come in and join our family!

An internationally recognized fitness performance coach, David Jack has appeared
on the Katie Couric Show and is also a contributor to Men's Health & ReebokONE.



Men'sHealth

Reebok
ONE

David Jack, activlab Creator