



ARIZONA GRAND RESORT®

RECREATION FACT SHEET

ARIZONA GRAND SPA

- Extensive menu of massages, facials, scrubs and body wraps
- Full-service hair and nail salon
- Features Éminence spa and MD Skin care product lines
- First spa in the Valley to offer the Lava Shell Massage
- Over eight services for children
- 15 treatment rooms
- Large retail selection of spa products
- Quiet room complete with outdoor retreat, fresh fruit, tea selection and cucumber water
- Access to Athletic Club and locker rooms with saunas, hot tubs and showers
- Variety of packages available that even include a light lunch

ARIZONA GRAND ATHLETIC CLUB

- Voted one of the “Top 10 Fitness Facilities in Arizona”
- 20,000 sq. ft. facility
- More than 40 cardiovascular machines, including Paramount and Icarian strength training equipment
- Separate free-weight room
- More than 45 fitness classes per week
- Separate Men’s and Women’s locker rooms with saunas, hot tubs, and showers
- Indoor racquetball and basketball courts
- Five-lane, 20-meter, heated lap pool
- Expert fitness assessments and personal training

ARIZONA GRAND GOLF COURSE

- Awarded the Four Star Award and Top 50 Great Service Facilities by *Golf Digest*
- Blends desert target golf with traditional links
- Course winds through South Mountain Park, the largest municipal park in the United States
- Stunning mountain vistas and dramatic elevation changes highlight the course
- 6,288-yard par 71 course
- 7,000 sq. ft. practice green with a sand bunker and chipping area
- Call the Pro Shop at (602) 431-6480 for tee times

GRAND ADVENTURES KIDS CLUB

- ½ day camp for kids ages 5-12
- Activities can include: Freeze Dance, Sand Art, Twister Time, Hat Attack and Arizona Magnets
- Each session includes a light snack and outdoor activities
- Space is limited so reservations are suggested by calling (602) 431-6484
- Seasonal hours may apply

MEDIA CONTACT:

The Lavidge Company | (480) 998-2600

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TWEENER ARCADE

- Traditional arcade style facility for tweens 13 and older
- Contemporary and classic token play games
- Seasonal hours may apply

POOLS

- In addition to the Oasis Water Park, there are six pools throughout the resort with jacuzzis, including one adult-only saltwater lap pool located at the fitness center

OUTDOORS

- Located on the South Mountain Preserve – the largest municipal park in the United States at over 17,000 acres
- More than 60 miles of trails for hiking and mountain biking for all skill levels
- Bike rentals and guided hikes

MEMBERSHIPS

AVAILABLE

- Golf
- Athletic Club
- Spa

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